



Web Address: <http://www.jungsa.net>

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Hi everyone, and a warm hello from the Society as we head into a new year with another great program of talks. The Society continues in good financial health and more importantly with a warm and friendly feeling in our group. Something I really appreciate. There was a strong quality to the talks once again last year with many highpoints. I would like to thank all the speakers from last year, especially the Jungian therapists and analysts that tirelessly return each year to delight and inspire us with their talks. The society would not flourish without their efforts – so thank you very much to Christine, Craig, Helen and Susan. I would also underscore the quality of questions and comments from all participants. We have a rich and trusting group where respect and commitment to the inner life shows itself each month. This is precisely the charter of the Society and we can be proud here.

And of course my heartfelt thanks to the hard work and contribution by the society's committee members – fantastic efforts by Debbie, Tim and Katie. It goes without saying that the society can only exist with their continued support and efforts. Thank you so much to all of you. And a big thank you to our surrogate committee member Maggie who handles the early admissions. I would also like to pass on my appreciation to the many who help out seamlessly each month. Those that assist with setting up the space and the greeting of members as they arrive, and at the other end of the meeting, packing away chairs and tidying in the kitchen. Thank you all so much.

All the lectures have been scheduled as you will see below. Alongside the familiar faces, we have Alan Drymala, a Texan who is a fellow training candidate of Christine and mine in Switzerland. Along with Alan's topic, there will be a deepening this year in the alchemical insights that are arguably among Jung's deepest. So come along, enjoy, eat and enlighten.

Feel free to approach me at the meetings with any questions, comments or suggestions. Looking forward to seeing you at the meetings.

Yours warmly, Robert Matthews (President).

LECTURE: MARCH 2nd

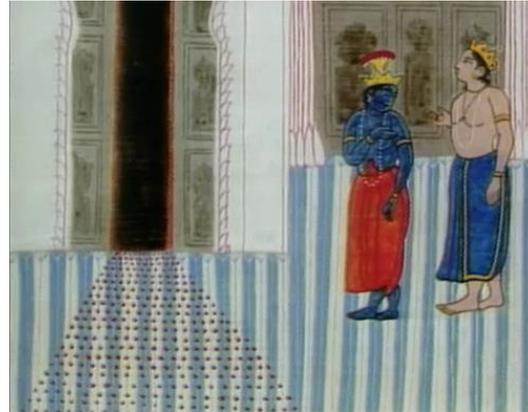
The Myth of Indra: accepting the limitations of this life.

by Dr Robert Matthews

When: 7:30pm Sophia Friday March 2nd

Members \$6; non-members \$12

To live an open-minded balanced life seems an obvious aim. But we live in a culture that believes in endless progress. The economy must always grow. Our children must all be geniuses at school. We must do more and more in our lives, moving ever faster. We are hitting the limits of nature, both outside in the environment and within in our inner lives. Progress is cracking against the limited resources of this life but the counter cry of ‘sustainability’ is being heard by only a few. The pursuit of perfection, of overcoming all obstacles is heroic. And when we are young we likely need a little bit of the hero to get us established in life. But if we identify for too long, we too, just like our culture, believe we can have it all, that there are no limits to this life. And this belief never ends well. So here we look at a myth of the God Indra, King of the Hindu pantheon, who is instructed by Vishnu into the limits of this life. And only by realizing these limits in ourselves, can the infinite enter into our being, and we may truly find relation to the eternal.



Robert Matthews is President of the Society, an Education academic at the University of Adelaide, a Jungian psychotherapist, and training as an Analyst with the *Zentrum* in Switzerland.



LECTURE: APRIL 6th

Fish out of Water: Waking up in a World Asleep

by Craig Delaney

When: 7:30pm Sophia Friday April 6th

Members \$6; non-members \$12

We are born ‘fish’ out of ‘water’. ‘Trailing clouds of glory’, we drop by drop into another sea, a sea of deepening sleep. The waters of Lethe cover us over, and only dreams and intermittent awakenings pierce oblivion. In the depths of our deepest forgetting, we become sea-fast fish of another ilk, with liquid sleep encompassing. Would that those slumberous waters spill us out into some better element, that some keen-eyed angler let down their hook - a call perhaps - and catch us into the brighter air: a fish out of water. To quit such water might be birth anew, but



waking from a world asleep is preceded by the long travail of life. The envious deep does not give us easily up, and the world seldom welcomes the early riser. And in what element would we be swimming instead?

Craig Delaney is a Jungian psychotherapist practising in Mitcham, and the immediate past President of the Society.



MOVIE & DISCUSSION: MAY 4th

Way of the Dream – with Marie-Louise von Franz

When: 7:30pm Friday May 4th

Members \$6; non-members \$12

“Dreams show us how to find meaning in our lives, how to fulfil our own destiny, and how to realize the greater potential of the life within us.” Dr Marie-Louise von Franz



Way of the Dream is a documentary that examines the reality of our dreams. For “you must often have asked yourself a question that’s always puzzled me. When I go to sleep, I enter a void. I no longer exist. Then suddenly some inner power forces me to undergo an experience that I do not

initiate – flying, driving, making love – and these experiences are as real as those in my waking life. What is that power? Who makes up the dreams?” In this documentary, Fraser Boa brings to von Franz for her analysis, a series of dreams from 50 different dreamers. Over the series is revealed the major elements of our dreams, the shadow, anima/animus, self, etc. It is a beautiful guide to the dream, by a superb analyst.

A guided discussion will be held after the movie.

And as usual special ‘movie night’ lovely food and drink in between.



LECTURE: JUNE 1st

An Introduction to Alchemy: the aphorism of Maria

by Dr Robert Matthews

When: 7:30pm Sophia Friday June 1st

Members \$6; non-members \$12

It may surprise, but alchemy runs like a subterranean river through our nightly dreams. Almost all my clients have alchemical images in their dreams, as do I. And these symbols hold the key to renew and transform our religious life. To return us to harmony with nature and with the



feminine. For “Alchemy is rather like an undercurrent to the Christianity that ruled on the surface. It is to this surface as the dream is to consciousness, and just as the dream compensates the conflicts of the conscious mind, so alchemy endeavours to fill in the gaps left open by the Christian tension of opposites. Perhaps the most pregnant expression of this is the axiom of Maria Prophetissa [“One becomes two, two becomes three, and out of the third comes the one

as fourth.”] ... which runs like a *leitmotiv* throughout almost the whole of the lifetime of alchemy, extending over more than seventeen centuries.*” This talk will slowly unpack an introduction to this vital play within us.

* p. 216 Jung: *His Myth in our Time*. M-L von Franz.

Robert Matthews is President of the Society, an Education academic at the University of Adelaide, a Jungian psychotherapist, and a training as an Analyst with the *Zentrum* in Switzerland.

LECTURE: JULY 6th

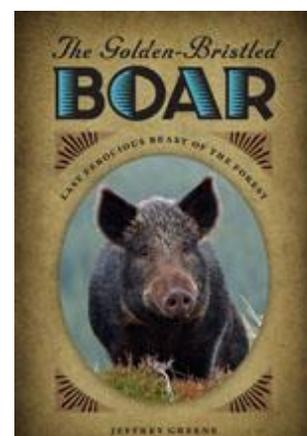
The Boar with the Golden Bristles

By Christine Chapman

When: 7:30pm Sophia Friday July 6th

Members \$6; non-members \$12

According to Jung, "the primitive psyche does not *invent* myths, it *experiences* them." (#) But what might it mean for us, in the present day, to experience a myth? And is there a manner in which to read a myth that could help you to deepen your access to that experience? I'm going to explore that question through the medium of the Dutch creation myth "The Boar with the Golden Bristles".



(#The Psychology of the Child Archetype, para 261)



AUGUST 3rd

Soul, spirit and the healing process

by Helen Phillips

When: 7:30pm Friday August 3rd

Members \$6; non-members \$12

What does 'spirituality' have to do with mental health? Jung demonstrated archetypal processes that lead to spiritual development for the modern person who is not contained within any religious traditions, nor has any desire to be. Case histories show numerous exposures to the territory covered by the word 'spiritual', with little reference to anything supernatural.



In Jung's view the reality of the psyche does not become subsumed under the attitudes and postures of collective consciousness, be they modern or otherwise conditioned. The psyche remains as free to offer its astonishing revelations within the modern cultural context as anywhere else. Initiation into the spiritual typically announces itself spontaneously. It happens because it has to happen. Sometimes it is so shocking and anxiety-provoking, or in the guise of private suffering such as unaccountable or stubborn depressions, that it leads to a request for psychotherapeutic treatment. We'll be exploring some of this territory together.

Helen Phillips is a semi retired Jungian analyst practising at Sophia and the Barossa Valley.



LECTURE: SEPTEMBER 7th

The Most Precious Gift of God: Psychological Meanings in an Alchemical Symbol Series

by Alan Drymala

When: 7:30pm Sophia Friday September 7th

Members \$6; non-members \$12

The *Donum Dei* is a 15th century alchemical picture series that beautifully illustrates the psychological transformation that can be evoked in the vessel of relationship. Its central image is the *coniunctio* (*conjoining*) where, as Jung says, "love plays the most decisive part." And it culminates with the *rosa mystica* (mystical rose), an image of the Self as a divine healing Eros. We will look for a psychological meaning for us today in these powerful images of individuation through relationship.



Alan Drymala, Jungian analyst in training at the Centre for Depth Psychology, Zurich, Switzerland, with a private practice in Jungian analysis and therapy in San Antonio, Texas.

LECTURE: OCTOBER 6th

Individuating within an Orthodox Religious Life

by Aryani Tri Wrastari

When: 7:30pm Sophia Friday October 6th

Members \$6; non-members \$12

If someone came to Jung who still had a religious life, he would not analyse them but send them back to the priest. Indeed he taught some so well the true reality of the confessional, that he received a private blessing from the Pope. For Jung knew that individuation occurs when someone takes their religious practice seriously – be that in therapy or in the Church. This talk gives the findings of a doctoral thesis showing individuation evidence across a dozen subjects from six



different religions. All were selected for their outstanding community and educational work where they devotedly helped others. Their commitment to endure and assist others to transform their lives was sustained by each in their varied religious practice. And in the process, they themselves were transformed. They individuated with God at their side.

Aryani Tri Wrastari is an academic in Educational Psychology at Airlangga University and is in the final stages of her PhD Candidature at the University of Adelaide.



MOVIE NIGHT + DISCUSSION: NOVEMBER 2nd

Way of the Dream Continued – with Marie-Louise von Franz

When: 7:30pm Friday May 4th

Members \$6; non-members \$12



We continue from where we left off in May with the second instalment of *Way of the Dream*, a documentary that examines the reality of our dreams. In this documentary, Fraser Boa brings to von Franz for her analysis, a series of dreams from 50 different dreamers.

Over the series is revealed the major elements of our dreams, the shadow, anima/animus, self, etc. It is a beautiful guide to the dream, by a superb analyst.

A guided discussion will be held after the movie.

And as usual special ‘movie night’ lovely food and drink in between.

LECTURE: DECEMBER 7th

The Orphan Archetype

By Dr Susan Pollard

When: 7:30pm Sophia Friday December 7th

Members \$6; non-members \$12



“The Orphan archetype” – and how the experience of difference, loneliness, abandonment, exile – might help us find our way home and to a place of belonging.

We will consider Jung’s understanding of the meaning of this complex for individuation. Examples from literature, fairy tale and dreamwork will help in understanding how this archetype of “the psychological orphan” affects our lives . Acceptance of “the inner orphan” prompts us to greater independence from the collective, responsibility for our lives to inter-connectedness

while “the unhealthy aspect of the orphan” blocks maturation and prompts social isolation:

The soul has its own peculiar world. Only the self enters in there or the man/woman who has completely become his/her self (C.G Jung, The Red Book, p.236)

“I am an orphan, alone: nevertheless I am found everywhere. I am one, but opposed to myself. I am youth and old man at one and the same time... I am hidden in the innermost soul of man. I am mortal for everyone, yet I am not touched by the cycle of aeons.”

from *Memories, Dreams, Reflections*, Page 227

Dr Susan Pollard is a Jungian analyst in private practice.



LECTURE VENUE

All Lectures 7:30 pm at:

SOPHIA

225 Cross Road Cumberland Park
(next door to Cabra College)

Please be respectful of the residents when leaving later in the evening



Membership

Membership entitlements: half price entry to lectures; free access to the best Jungian library in SA with numerous books and lecture recordings; newsletter by mail / email; and free access to members only area on website (it's coming). Please spread the word and invite others to join.

Membership can be purchased prior to any meeting or can be made by post if you cut out, fill in, and send the following, including payment, to:

C.G. Jung Society of SA, c/o Dr Robert Matthews, School of Education, University of Adelaide, Adelaide SA 5005.

Application/ Renewal Form

Name:

Address:

Phone Numbers:

Email:

Tick Relevant Fee: Single: \$50 Conc.: \$25 Double: \$80 Double Conc.: \$45

Library

A reminder to return any overdue library books at the next meeting. Our library is our most precious and valuable resource of the Society and deserves our care.

Charter of the C G Jung Society of SA

The Society is a non-professional, non-profit organisation which provides a focus and contact group for those interested in the psychological perspectives of C. G. Jung (1875-1961). The objectives of the Society are as follows:

- To study and teach the work of Carl Gustav Jung and its applications by means of lectures, discussion, and study groups.
- To associate with similar bodies and interested persons in Australia and elsewhere.

The Society aims to awaken among people a greater awareness of the influence and workings of the unconscious in their lives, and to explore ways of working with the unconscious.