Hi everyone, and a warm hello from the Society as we head into a new year with another great programme of talks. The Society is in good health with a continuing warm and friendly feeling in our group. Something I really appreciate. There was a strong quality to the talks once again last year with one of the highpoints being the enlivened discussion after the film night showing an interview of Jung by Richard Evans. I think the direct (well, as direct as is now possible) contact with Jung is something we should try to continue each year.

I would like to give a heartfelt thanks to the hard work and contribution by the society’s committee members. It goes without saying that the society can only exist with their continued support and efforts (special mention to Debbie, Gloria and Tim). I would also like to pass on my special appreciation to the many who help out tirelessly each month. Those that assist with setting up the space and the greeting of members as they arrive, and at the other end of the meeting, packing away chairs and tidying in the kitchen. Thank you all so much.

All the lectures have been scheduled as you will see below (except for the July meeting which is yet to be announced). As ever, my continued appreciation to the Jungian analysts of Adelaide who each year make the effort to prepare a lecture out of their commitment to furthering public awareness of Jung’s ideas. Alongside the familiar faces, we have Peter Bishop from UniSA - a natural story teller who has delighted us with earlier talks at the Society and will be speaking on one of my favourite topics – food. I suggest you come well fed or perhaps we might have a ‘bring a plate’ night to provide an immersive experience alongside the talk 😊.

Feel free to approach me at the meetings with any questions, comments or suggestions. Looking forward to seeing you at the meetings.
Yours warmly, Robert Matthews (President).
MARCH 3rd
MOVIE NIGHT + DISCUSSION
In Conversation With Carl Gustav Jung + Discussion

When: 7:30pm Sophia Friday March 3rd

Members $6; non-members $12

We will watch the second of the three hour long films produced by Richard Evans, who in 1957 somehow managed to obtain Jung’s agreement to interview him. We watched part one last year. Jung was 81 years of age at the time of filming and still his vigor and passion are evident. The complete interview was published as a transcript intitled *C G Jung Speaking* – see our library. Subtitles are embedded in the footage, for although the interviews were carried out in English, the Swiss accent in this early technology recording can be a little difficult. I always find spending time with the original source a great touchstone for the rest of my research and practice and hope you too will be fascinated to see Jung in action once more.

A guided discussion will be held after the movie.

And as usual special ‘movie night’ lovely food and drink in between.

“The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed.”

– C.G. Jung
LECTURE: APRIL 7th

Holding

by Craig Delaney

When: 7:30pm Sophia Friday April 7th

Members $6; non-members $12

From womb to tomb the great theme and reality of holding go largely unnoticed in our lives. What holds us, and to what do we hold, as we go on being? The image of holding is one of relationship and containment – can we ever hold or contain ourselves, or is being held a mystery discovered in otherness? Holding is implicit in Jung’s work. His myriad deployments of the famous *tertium non datur*, ‘the uniting third is not given’, is a statement akin to Yeats’ ‘the centre does not hold’.

Everywhere we look we are likely to find the mystery of holding, and the catastrophe of its apparent failure. We are utterly de-pendent on holding. This talk will share some thoughts on this surprisingly all-encompassing topic.

Craig Delaney is a Jungian psychotherapist practising in Mitcham, and the immediate past President of the Society.

LECTURE: MAY 5th

The Juicy Crone

by Helen Phillips

When: 7:30pm Friday May 5th

Members $6; non-members $12

In the 1980s Jungian analyst and clinical professor of psychiatry Jean Shinoda Bolen wrote a bestseller called Goddesses in Everywoman which we had in the Jung Society library. Thirty something years later she wrote Goddesses in Older Women: Archetypes in Women Over 50. I came across her more recent book Crones Don't Whine, and I couldn't put it down - a crone reading about crones, in a very new light. Juicy crones, the archetypal crone as a latent wise presence in everyone's psyche, in men, pre-crones and even in children had me fascinated, and still does. So I'm looking forward to sharing some of this encouraging, enlivening material. Since then, fresh from the Women's Movement march in Washington following the inauguration of the new President of the US, Shinoda Bolen sees the potential contribution of the crones of the world as having no
bounds: green thumbs, savoring the good in their lives, trusting what they know in their bones, speaking the truth with compassion, improvising, not groveling, laughing together.

Helen Phillips is a Jungian psychoanalyst, working in Adelaide and the Barossa Valley.

LECTURE: JUNE 2nd

Living with the Self
by Dr Robert Matthews

When: 7:30pm Sophia Friday June 2nd  
Members $6; non-members $12

Is a religious attitude possible in this fast, chaotic, modern life? It is certainly something that many of us feel a yearning for. Jung of course believed the experience of the Self opened such a possibility. In this lecture I would like to explore a little of how this can arise and what it might look like. We tend to make an ideal of things and think that a religious life is only found on retreat amongst chanting and incense. But maybe it can also be in our daily life if only a certain attitude can be found. For instance von Franz poses the problem of what a man should do who is fascinated by, and she uses a most everyday example, the shapely legs of a woman on the train. Shouldn’t the religious man be beyond such temptations? But von Franz responds saying the anima, that Goddess in a man, may come to him equally from the outside as from the inside. And again it is the attitude that is brought to the situation that makes all the difference in whether this is an experience of the Goddess, or the possession and loss of ourselves in a web of fascination.

Robert Matthews is President of the Society, an Education academic at the University of Adelaide, a Jungian psychotherapist, and a training as an Analyst with the Zentrum in Switzerland.

“About a third of my cases are suffering from no clinically definable neurosis, but from the senselessness and emptiness of their lives. This can be defined as the general neurosis of our times.” — C.G. Jung
LECTURE: JULY 7th
Who's playing me now?
by Christine Chapman

When: 7:30pm Sophia Friday July 7th
Members $6; non-members $12

What do you think about trying to play two instruments at once—say, the piano with your right hand and the cello with your left? Not possible! No? Because in a way we're doing this all the time, we're on both the inner and the outer instrument. I suspect that many of us believe that our own inner melody is unique, and sweet. Meanwhile the animus, or anima, might be banging out a whole other tune. Let's explore...

Christine Chapman is a practising clinical psychologist.

AUGUST 4th MOVIE NIGHT + DISCUSSION

Remembering Jung with Dieter Baumann

When: 7:30pm Friday 4th August
Members $6; non-members $12

This remarkable interview is with Dieter Baumann, the grandson of Carl Jung. Here he describes his memories and personal impressions of his grandfather at various stages of his life. He comments on Jung’s interest in Eastern philosophy, describes his distress over WW II, and his deep concern of the future of all mankind. He emphasizes the value of Jung’s tower retreat at Bollingen for his process of introversion, reflection and writing for him in later life. We are left with a much more lived view of Jung and his ideas – which is really essential to understand of his psychology.

A guided discussion will be held after the movie. And as usual special ‘movie night’ lovely food and drink in between.

“The decisive question for man is: Is he related to something infinite or not? That is the telling question of his life. Only if we know that the thing which truly matters is the infinite can we avoid fixing our interests upon futilities, and upon all kinds of goals which are not of real importance. ...If we understand and feel that here in this life we already have a link with the infinite, desires and attitudes change.”

— C.G. Jung, M.D.R.
LECTURE: SEPTEMBER 1st

Moving
by Craig Delaney

When: 7:30pm  Sophia Friday September 1st  Members $6;  non-members $12

We will be moving on from the theme of Holding, which was the topic in April, to that of Moving. Every Holding holds a moving, and is moved to another Holding. Moving transits boundaries, penetrates by coming in or going out into, transforms forms, transcends the previous. Moving is energy and animates matter and psyche. In psyche, we call moving instinct and spirit, Jung’s notion of libido. In everyday parlance, we call it wanting, desiring, aspiring, inspiring, emoting, destroying and creating. If Holding is Being, Moving is Becoming. If Holding is Yin, Moving is Yang. If Holding is the Feminine element of Being, Moving is its Masculine.

Craig Delaney is a Jungian psychotherapist practising in Mitcham, and the immediate past President of the Society.

LECTURE: OCTOBER 6th

The Nature of the Ego
by Dr Robert Matthews

When: 7:30pm  Sophia Friday October 6th  Members $6;  non-members $12

Isn’t it strange, that which is closest to us, our own ego, is ultimately such a mystery? How quickly we find ourselves heading along dimly lit paths when we ponder what it is we are. We awake each morning and suddenly our ego wakens into life – consciousness comes once again after the hiatus of the night. And somehow there is a continuity to this consciousness – we are the same person who shut their eyes and fell to sleep the night before. But where have we been? And as we mature, we become more and more aware of all the marvelous qualities that our egos exhibit – will, determination, attention, identity, esteem, etc – in its essence it is the stuff of legend and heroic deeds. Indeed we will use the hero characters from fairy tales (drawing from the writings of Marie-Louise von Franz) to tease out a view into the essential nature of this intimate mystery at the centre of our conscious life.

Robert Matthews is President of the Society, an Education academic at the University of Adelaide, a Jungian psychotherapist, and in training as an Analyst with the Zentrum in Switzerland.
LECTURE: NOVEMBER 3rd

Superfoods, Gods and Superheroes
by Dr Peter Bishop

When: 7:30pm Sophia Friday November 3rd  
Members $6; non-members $12

Food is an ancient and fundamental dimension of human experience. However, Australia, like most of the western world, has witnessed in recent years a massive surge of interest in food, one might almost call it an obsession. Recipe books are best sellers and numerous food blogs can be found on-line, cooking competitions and gourmet travel shows have high ratings on TV while there is even a whole TV channel dedicated to food. The range of eating places in Adelaide has exploded over recent years from pop-ups to high-end dining, while multicultural eating is also supported by numerous specialist supermarkets. New diets trip over each other in a rush to be the latest thing. Then there are the deeper concerns around agri-business, fast food, obesity and eating disorders. Counter-moves include the slow food movement, farmers’ markets, organics and a focus on healthy eating. Much of this remains unexplored by Jungian and post-Jungian psychology. This talk will begin to explore just a tiny corner of this world of food from an imaginal or archetypal perspective, particularly focusing on the surge in so-called superfoods.

Peter Bishop is an adjunct Associate Professor at the University of South Australia. He has published widely on Jungian and post-Jungian psychology, plus given numerous public lectures and workshops over many years.

LECTURE: DECEMBER 1st

River of Life

By Dr Susan Pollard

When: 7:30pm Sophia Friday December 1st  
Members $6; non-members $12

Individuation, Mysticism, Wisdom: we will explore together a perspective informed by snippets from the life and writings of St Teresa of Avila and John of the Cross together with a note from Jung’s Visions Seminar where Jung says that:

*The only question is how you live your life, how you experience it. If your attitude is right, then things are right* (Visions 1, p.336)

Dr Susan Pollard is a Jungian analyst in private practice.
LECTURE VENUE

All Lectures 7:30 pm at:

**SOPHIA**
225 Cross Road  Cumberland Park
(next door to Cabra College)

Please be respectful of the residents when leaving later in the evening.

Membership

Membership entitlements: half price entry to lectures; free access to the best Jungian library in SA with numerous books and lecture recordings; newsletter by mail / email; and free access to members only area on website (it’s coming). Please spread the word and invite others to join.

Membership can be purchased prior to any meeting or can be made by post if you cut out, fill in, and send the following, including payment, to:

C.G. Jung Society of SA, c/o Dr Robert Matthews, School of Education, University of Adelaide, Adelaide SA 5005.

Application/ Renewal Form

Name:

Address:

Phone Numbers:

Email:

Tick Relevant Fee:  Single: $50  Conc.: $25  Double: $80  Double Conc.: $ 45

Library

A reminder to return any overdue library books at the next meeting. Our library is our most precious and valuable resource of the Society and deserves our care.

Charter of the C G Jung Society of SA

The Society is a non-professional, non-profit organisation which provides a focus and contact group for those interested in the psychological perspectives of C. G. Jung (1875-1961). The objectives of the Society are as follows:

- To study and teach the work of Carl Gustav Jung and its applications by means of lectures, discussion, and study groups.
- To associate with similar bodies and interested persons in Australia and elsewhere.

The Society aims to awaken among people a greater awareness of the influence and workings of the unconscious in their lives, and to explore ways of working with the unconscious.